



The Art and Syrup of Maple

SAMPLE ITINERARY

The sap is a runnin'. Experience the world of the maple tree and its bounty with this "sweet" three day adventure in the Haliburton Highlands. Discover the art and science of producing maple syrup by participating in traditional and modern day maple syrup operations, exploring a sugar bush on snowshoes, dining on maple cuisine, visiting Moon Shadow Estate Winery to taste their signature maple wine, indulging in a Maple Sugar foot treatment, and creating your own maple syrup pitcher and amber coloured glass art in a glassblowing workshop at Artech Studio. You will stay at the Inukshuk Manor B&B where your hosts, Brian and Dorothy Menton produce their own maple syrup. This package also features a house concert by Bethany Houghton (cello, violin/fiddle) and Ernie Demuth (guitar)

Friday, March 25

- 11:00 Arrive at Inukshuk B&B and settle in.
A warm welcome and introductions
- 11:45 Travel to Haliburton
- 12:15 Lunch at 212 Café
- 2:00 *Maple Moon*
Taste a variety of maple wines produced by Moon Shadow Estate Winery and get a behind-the-scenes tour of the winery and sugar shack.
- 3:30 *Sugar Bush Stroll*
Travel to Wintergreen Maple Syrup and Pancake Barn to explore a large modern day operation including a snowshoe trek through their sugar bush to see how it is managed for maple syrup production. Your guide will be spoken word artist, Ryan Dawson. You will also sample a variety of jams, jellies, mustards, relishes, and sauces
- 5:30 *Maple Menu in Minden*
Dine at the Grill on the Gull Restaurant in downtown Minden
- 7:00 Return to Inukshuk Manor B&B

8:00 A down home house concert featuring Bethany Houghton (cello, violin/fiddle) and Ernie Demuth (guitar)

Saturday, March 26

8:00 Breakfast at Inukshuk B&B

9:30 *Maple Glass Aglow*
Fire up the kiln with Terry Craig and Jennifer Wanless-Craig of Artech Studios in Tory Hill for an introduction to the fine art of glassblowing. You will make a maple pitcher and 1-2 pieces of amber glass art to take home. You will have a tasty lunch at Artech Studios.

2:30 *Kettle Stories*
Visit a sugar bush owned by Craig MacDonald to discover a traditional method for making maple syrup. You will help collect sap with buckets and stoke kettle fires.

4:30 *Maple Sugar Spa*
Wind down from a busy day at the Wind in the Willows spa. You will receive Haliburton Maple Sugar foot treatment. Pure rapture!

6:30 *A Taste Treat*
A culinary adventure at Rhubarb or Aniz Restaurant where you can indulge in some fine Haliburton cuisine.

8:00 Return to Inukshuk Manor B&B for some R&R

Sunday, March 27

9:00 A leisurely pancake breakfast at Inukshuk Manor B&B

10:00 *Maple with the Mentons*
Spend some time with hosts Brian and Dorothy Menton helping them out with their sugar bush operation

12:00 Visit Artech Studio to pick up your glass art
Depart for home

Note: This Itinerary is subject to change. Yours Outdoors reserves the right to make changes in response to individual and group needs, weather, and other factors.